

Template for the original article

Title page

Title of the article in English

Name of the authors in English¹

¹Position, place of work, city, country, E-mail; ORCID

Title of the article in Kazakh language

Name of the authors in Kazakh language¹

¹Position, place of work, city, country, E-mail; ORCID

Title of the article in Russian language

Name of the authors in Russian language¹

¹Position, place of work, city, country, E-mail; ORCID

Corresponding author: First and last name, position, place of work, city, country *in English*

Postal code:

Address:

Phone:

E-mail:

Original article

Article title in English

Abstract (Abstract length at least 300 words)

The abstract contains such sections as the purpose of the study, methods, results and conclusions. In the abstract, abbreviated words should not be used.

Objective:

Methods.

Results.

Conclusion.

Keywords: (When choosing keywords, authors should strictly use medical subject headings ([Medical Subject Headings](#)) Index Medicus).

Article title in Kazakh**Түйіндеме**

Зерттеудің мақсаты:

Әдістері.

Нәтижесі.

Қорытынды.

Түйін сөздер:**Article title in Russian****Резюме**

Цель исследования:

Методы.

Результаты.

Выводы.

Ключевые слова:

The text of the original articles has an introduction, materials and methods, results, discussion and conclusions.

Introduction. To formalize the introduction, the format of the C.A.R.S. model (Create a Research Space) is adopted, according to which you need to: (i) mark the territory and highlight the relevance of the selected topic; (ii) point to a gap in the field of knowledge and raise the problem; (iii) form a goal.

Materials and methods

This section should include the design of the study; the description of the participants (inclusion/exclusion criteria) or the type of material used in the work; the description of all activities undertaken and the type of statistical analysis. In this section, the author must state that the study is in accordance with the basic ethical principles.

Results

This section should describe the data obtained and the results of the statistical analysis without interpretation. The results should be presented logically in text, tables and/or figures.

Discussion

This section should include an interpretation of the research results. These data need to be discussed in the context of other studies described in the literature. The discussion can also present the strengths and weaknesses of the study

Conclusions

The conclusions should relate to the objectives of the study and be presented in a single paragraph. Conclusions should contain qualified statements and confirmed data by the authors. Conclusions should not contain abbreviated words.

Conflict of interest. Authors must declare that there is/is no conflict of interest. If there is a conflict of interest, the lead author must file a conflict of interest application.

Contribution of the authors. This is a mandatory section of the manuscript. In this section it is necessary to specify the contribution (intellectual attachment) of each author in the work on the article. This section specifies the role of the individual participant according to the taxonomy of the CRediT participants (Contributor Roles Taxonomy), followed by the first letters of the author/s who contributed.

Section filling example:

Conceptualization - G.O.; methodology - A.S.; verification - G.O.; formal analysis - G.O., J.S. and B.A.; writing (original rough preparation) - G.O.; writing (review and editing) - J.S.

All authors read, agreed with the final version of the manuscript and signed the form of transfer of copyright.

Bibliography

The list of references should be shown on a separate sheet with double interval. The literature used should be sequentially numbered in the order in which it was first mentioned in the text. The reference number should be placed in square brackets at the end of the sentence before the point. The link to the scientific article should contain the following information: authors, article title, journal title, year, volume/issue, first and last pages of the article. References to the book should include only the year of publication and the number of pages. At the end of each source, you must insert a numeric object identifier (DOI). A literary source published in Kazakh or Russian must have a Latin transliteration.

1. Authors. Article title. Journal title. Year of issue; volume (issue number): first page of the article - last page of the article. <https://doi.org/10.1016/j.ptsp.2020.01.006>.

Example of formatting an English-language source:

1. Medeiros D.M., Aimi M., Vaz M.A., Baroni B.M. Effects of low-level laser therapy on hamstring strain injury rehabilitation: A randomized controlled trial. *Physical Therapy in Sport*, 2020; 42:124-130. <https://doi.org/10.1016/j.ptsp.2020.01.006>.

Example of formatting a Russian-language source with transliteration:

Плеханов А.Н., Номоконов И.А. Лазеротерапия в травматологии и хирургии // Сибирский медицинский журнал. - 2005. - Т.51. - №2. - С.9-12.

Plekhanov A.N., Nomokonov I.A. Lazeroterapiia v travmatologii i khirurgii (Laser therapy in traumatology and surgery) [in Russian]. *Sibirskii meditsinskii zhurnal*, 2005; 51(2): 9-12.

Example of formatting a website link:

1. Committee on Publication Ethics (COPE). Website. [Cited 23 Dec 2020]. Available from URL: <https://publicationethics.org/about/our-organisation>.

Example of formatting a link to a legal document:

Code of the Republic of Kazakhstan. On Public Health and Healthcare System: dated July 7, 2020, No. 360-VI ZRK.

At the end of each source, it is necessary to insert a digital object identifier (DOI).

When transliterating, please use the website <https://translit.net/> Select the LC transliteration format.

Figure 1. Title of the figure

Table 1. Title of the table

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